

## Useful Information for Parent Carers

Welcome to Carers in Bedfordshire.

Here is some information that you may find useful in your caring role.

[Click on the links for more information.](#)

If you would like any further information or support please give us a call or email.

### Carers in Bedfordshire website



Please take some time to have a look at our website. You will find lots of information there including details of events and groups, counselling, wellbeing and information for Young Carers

### Carers Grant



You can apply for a carers grant using the online form on the website. You can use the grant to pay for a break, activity, service or training, to improve your health or wellbeing.

### Events & Groups

Take a look at the events and groups that are available. You can get more information on the What's On page of the website and register for groups and events.



### Some other useful websites.



**Parent Carer Needs Assessment online**

**Central Bedfordshire SEND Local Offer**



**SNAP - Special Education Advice Panel Parent carer Forum**

**Your Open Door to Advice in Central Bedfordshire**



**SENDIASS - Special Educational Needs & Disabilities Advice and Support Service**



**Contact** - Information, advice and support for families with disabled children

**Independent Provider of Special Education Advice**



**IPSEA**  
Independent Parental Special Education Advice



**Autism Bedfordshire** - Information, guidance and support for adults and children with autism and their families.

### Families United network

Supports children and young adults living with additional needs and disabilities throughout Bedfordshire.



### Kids in Action

Providing a safe, supportive social space for kids and young adults with disabilities and special needs.